



Dr. Brad Bongiovanni

Doctor, Speaker, Author, Retreat Facilitator

Biohacking the Biology of Love, Purpose & Connection to Turn Your People's Well-Being into Healthier Profit



Human connection is currency, and a lack of connection in the workplace is costing you a lot of money!

Love, joy and that sense of feeling fully alive can be created when we learn to tap into our oxytocin buttons. Oxytocin, the “love hormone”, counteracts our stress levels, builds resilience, and helps us resist burnout. A strong sense of purpose re-energizes our motivation and engagement, setting an anchor for the WHY of our work and our mission. We can become unstoppable when we anchor “every day” with our guiding purpose. Human connection is currency, and a lack of connection in the workplace is costing you a lot of money! By ignoring the human need for belonging, we create serious business risks. When your people learn **HOW** to ‘bring their whole self to work’, your products and services improve because your team is showing up with their full talent.

As an expert in holistic medicine, Dr. Bongiovanni will share his lessons learned from over 20 years listening and caring for patients, helping shift your focus to better understand what’s causing burnout, turnover and poor productivity and provide his proven roadmap and tools back to feeling engaged, re-energized, and back on purpose. Promote resilience and bring inspiration, collaboration, a sense of community and creativity to your organization and become a more **modern employer**.

You’ll notice a major shift in company culture as your team experiences personal transformation after his presentation. Not only will Dr. Bongiovanni educate and inspire, but he will show your audience how to implement his methods immediately. As a doctor who is experienced with personal development as well as executive management, his strategies are effective because he thinks first on the root cause of any problem, and second, on outside-the-box strategies that will accomplish the end goal.

FEATURED PRESENTATION

The Science of Love, Purpose & Connection at Work

In an ever-changing marketplace, and given the surge of technology, AI and a GenX/Y/Z workforce, the playing field has changed. Staying competitive in the job market, attracting and retaining high-quality talent is an on-going dilemma for the modern employer. If you’ve begun to notice a higher than normal turnover rate in your people or a lack of general enthusiasm and productivity due to burnout, then you need to take action. With a fresh and science-based take on the business case for love, purpose, and connection, Dr. Bongiovanni will show you how to empower and engage yourself, and then your people.

He is passionate about living a legacy founded on the power of love, purpose, and connection in our lives, and teaches that being more human and more engaged with one another is the key to belonging, fulfillment, better careers, and higher profits.

TEDx Speaker, 2019, The Science of Installing Deep Well-Being

Award: Outstanding Speaker, Experts Summit at Harvard Club of Boston, 2019

Author, "Why am I depressed? And how do I overcome it?"

Licensed Doctor of Naturopathic Medicine since 1997



Dr. Bongiovanni and Suzanne Somers having fun at the Harvard Club

Clients & Featured In



Book Dr. Bongiovanni to Biohack the Science of Love, Purpose & Connection and Turn Your People's Total Well-Being into Healthier Profits.

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